

Example Study 3. Does extroversion or introversion impact mental health during the pandemic?

<[mindhive.science/studies/covid-personality-study](https://mindhive.science/studies/covid-personality-study)>

## Does extroversion or introversion impact mental health during the pandemic?

Participate

What

Who

Why

COVID-19 has had a significant impact on the lives of so many people, and it has affected everyone in different ways. Our study aims to find how it has affected introverts and extroverts differently. We feel that this is extremely significant to look at because it is often overlooked as being something that has been altered by the pandemic. OUR QUESTION: How has the COVID-19 lockdown (stay at home orders) affected introverts and extroverts differently?



Time to complete

5 minutes

Frequency

Once

Students combined three questionnaires from the public survey bank to design a study around mental health and personality traits during the pandemic. Participants first fill out a survey that features questions about students' day-to-day social behavior during the pandemic, adapted from the Pandemic Citizen Science Study described above. Then, they participate in a social influence task adopted from the Social Influence Study, which was taught as a case study in Lesson 3. Finally, participants fill out the Big Five Personality Inventory.